

COVID-19 health and safety measures

Guest families and guests are one household and live together as one family. All take responsibility for each other and try to do their best to keep the corona virus from spreading into the home. Only like this every member of the household will be able to move freely and safely within their own four walls.

Rules of conduct:

- Hosts and guests must adhere to current legal provisions such as mask requirements, distancing, and group assembly rules.
- Whenever possible, maintain a distance of 1.5 to 2 meters between guest and host, including during meals, avoiding physical contact such as hugs
- Regularly clean or disinfect all common rooms (handles, switches, etc.)
- Ventilate all common rooms extensively and regularly
- The host thoroughly cleans and disinfects the guest's room prior to arrival in Berlin.
- The host will not enter the room during the guest's stay, except in exceptional cases and emergencies. The guest is obliged to clean and ventilate regularly.
- Air conditioning systems that do not have a fresh air supply should not be operated.
- Thorough hand washing immediately after entering the apartment (at least 30 seconds)
- Only touch common food with clean cutlery. Wear gloves when preparing food
- The guest gets to use his/her own dishes, which he/she cleans him/herself; if there is a dishwasher, wear gloves when clearing out
- The guest washes his/her own laundry and has his/her own rubbish bin in his/her room, which he/she empties every day
- Host and guest should not share household items (e.g. newspapers, books, pens, etc.) with each other if possible
- Hosts and guests avoid any contact with people who are sick with Covid-19 or who are in quarantine.
- Host and guest avoid any contact with people who have visible cold symptoms.
- In the case of appointments with people outside the family circle, record the respective contacts in writing. Additionally, instruct these people to report if they are found to be infected within the next few days
- The host and guest restrict visits by or access of people outside of the family circle as much as possible and ensure that contact with the guest or host is avoided or sufficient distance is guaranteed
- No visits by travelers returning from (the currently declared) risk areas for whom there is no negative test result
- The host and guest do not undertake any vacation trips to (currently declared) risk areas.

- In the event of contact with a person infected with the Covid-19 virus and / or the first symptoms, the host and guest undertake to consult a doctor immediately and, if a Covid-19 test is ordered, to isolate themselves until the test result is available. Both sides inform each other immediately, as does the host family coordinator and the program's leadership.
- If the guest or a host family member is infected with Covid-19 and / or has to be in quarantine, the host family coordinator discusses the next steps (possibly changing to another host family) with all those involved (host, guest, program leadership) immediately.

Furnishings / equipment:

- Cleaning agents as well as disinfectants and cloths are readily available in the bathroom and in the kitchen
- Disinfectants in the guest's room
- Separate towels in the bathroom, no shared guest towel
- Own dishes / dishware drying towels for the guest in the kitchen
- Own rubbish bin / laundry basket for the guest in his/her room